



How to Explore Your Major in 8 Easy Steps

Once you have chosen your major it's important to know how you will apply your education to your career. Here are 8 easy steps to help get you started on your career path and a worksheet on the back to help you document your research.

1. **Make a list of things that interest you about this major and why.**
2. **Make a list of the things you have enjoyed learning in your classes and why.**
3. **Using these lists, look up your major on the website, "What Can I Do With this Major?" and identify information that appeals to you about potential career paths.** *To find the link, log onto MySJU then click on the Career Services Tab. Scroll down to the left under Career Assessment tools to find Exploring Majors: What Can I Do With This Major?*
4. **Identify the field or industry that best appeals to you and use those keywords to find internships and full time jobs. Follow organizations and professional associations on social media.** *Use Handshake and the Industry Guides section of the Career Services Tab on MySJU to find information.*
5. **Look at the Sample Resumes section on the Career Services Tab to locate resumes tailored to your major/industry. Update your resume using these as a guide.**
6. **Connect with your career advisor to discuss your findings and things you will need to know to have a future in the industry.**
7. **Participate in an event such as an employer panel discussion, shadowing experience, networking session, or a career fair to speak directly with professionals in your field.**
8. **Use the St. John's LinkedIn or Facebook platforms to connect directly with alumni who can serve as mentors and conduct an informational interview. Ask your career advisor for assistance in navigating this process and about our mentoring programs.**

Using the resources on the Career Services tab of MySJU and your advisor/dean, professors and peers, complete the questions below. Knowing the career opportunities of your major will enable you to make more informed career decisions.

Major/Minor: _____

What specifically interests you about this major and why?

What are some classes you enjoyed and why?

What kind of areas of work exist for people with this major? In other words, what fields or industries can you go into?

What internships and full time jobs exist in this field?

Where have some St. John's alumni interned or obtained jobs in your major?

What professional associations in the field exist for you to obtain more information?

Does this major/ career path fit with my interests, personality traits, skills, and values? If so which ones and how?
